

An Innovative Community; Authentically Hometown

Mount Vernon Marks Kids to Parks Day

May 21 designated as perfect opportunity to enjoy the City's parks

MOUNT VERNON, May 20, 2022 – While every day, weather permitting, is a good day for outdoor play, tomorrow – Saturday, May 21 – has been officially designated as the perfect opportunity to get outdoors, both in the City of Mount Vernon and nationwide.



Clockwise from top left, Mark Fritz, executive director of Ariel-Foundation Park; Mount Vernon Mayor Matt Starr, and area children enjoy the outdoors. The Mayor has proclaimed May 21 Kids to Parks Day in the City.

For the 12th year in a row, the third Saturday in May is being set aside as Kids to Parks Day, an event organized and launched by the National Park Trust to foster future outdoor enthusiasts and help with developing the next generation of park stewards by engaging kids in memorable outdoor experiences.

"The City of Mount Vernon is behind this concept 110 percent," said Mayor Matt Starr. "Today's kids are faced with more distractions and demands on their time than ever before, but the benefits of just being outside and enjoying the fresh air haven't changed. And fortunately, Mount Vernon has several beautiful parks that are perfect for kids – of all ages."

Kids to Parks Day is designed to broaden children's appreciation for nature and the outdoors. It also encourages children to lead a more active lifestyle to combat issues of childhood obesity, diabetes and hypertension.

"Kids don't remember their best day of watching TV or playing video games. They do remember their best day out with parents and family. That's what Kids to Parks Day is all about," said Mark Fritz, executive director of Ariel-Foundation Park, one of the many parks in Mount Vernon with an abundance to offer – on May 21, and every day.

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ABOUT THE CITY OF MOUNT VERNON:

The City of Mount Vernon is an innovative community with an authentic hometown feel. The City is dedicated to providing modern services with an emphasis on continual improvement, customer service and equitable laws that support our citizens and visitors, while retaining and attracting investors in our community. Home to 17,000 people, Mount Vernon is the county seat for Knox County and boasts historic buildings and districts as well as business and professional, educational and recreational opportunities through many adaptive reuses of the community's infrastructure and spaces. The City has strong ties to higher education, with Mount Vernon Nazarene University, Kenyon College and Central Ohio

Technical College operating satellite locations in the historic downtown. Located 40 miles northeast of Columbus, Mount Vernon is near the geographic center of Ohio and has connections all over the globe.

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